

COVID-19 JOBSITE SAFETY PLAN

PHASE 1 RESTART



All contractors should incorporate COVID-19 transmission and prevention into all job hazard analyses (JHAs) and pre-task safety planning for all aspects of the work. This tool is provided solely as a guideline for contractors and is not to be relied upon to prevent the spread or transmission of COVID-19 or prevent a safety violation from being issued by a jurisdictional authority. This is not legal advice. Contractors should continually evaluate the specific hazards at their job sites along with the [Centers for Disease Control and Prevention \(CDC\) recommendations](#) to determine the most appropriate job hazard analysis for the project/task as it relates to the spread and/or transmission of COVID-19.

WORKER PERSONAL RESPONSIBILITIES

Employees need to take steps to protect themselves. Refer to CDC guideline [How to Protect Yourself](#).

If employees have symptoms of acute respiratory illness (i.e., fever, cough, shortness of breath), they must stay home and not come to work until free of symptoms for at least 72 hours, without the use of medicine, or as recommended by the CDC. Refer to CDC guideline [What To Do if You Are Sick](#).

Employees must notify their supervisors and stay home if they are sick. They must consult medical attention if they develop symptoms of acute respiratory illness. Refer to CDC guideline [What To Do if You Are Sick](#).

Workers must adhere to Social Distancing Policies on the job site.

SOCIAL DISTANCING

Work in occupied areas should be limited to only those tasks that are strictly necessary.

- Ensure workers are maintaining six feet of separation at all times.
- Limit job site meetings and replace them with phone or online meetings.
- Take breaks and lunch in shifts to reduce the size of the group in the lunch area at any one time to **less than 10 people**.
- Identify “choke points” and “high-risks areas” on job sites where workers typically congregate and control them so social distancing is always maintained.
- Minimize interactions when picking up or delivering equipment or materials, ensure minimum 6-foot separation.
- Subcontractor foremen and project managers should communicate with their general contractors about prohibiting large gatherings (currently no more than 10 people) on the job site, such as the all-hands meeting and all-hands lunches.

GENERAL JOB SITE / OFFICE PRACTICES

Employers should reference the CDC's [Interim Guidance for Businesses and Employers](#). Employers should check CDC recommendations frequently and update JHAs and safety plans accordingly.

- Employers should designate a COVID-19 Site Supervisor to monitor for signs of illness in the workplace, and if someone is showing symptoms, ask them to leave. They should NOT be allowed to enter any occupied area before leaving.

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- A daily attendance log of all workers and visitors must be kept and retained for 4 weeks. The log must include the name, phone number, and email address of all workers and visitors.
- A safety Stand-down/toolbox talk/tailgate training shall be conducted on all jobsites at least weekly to explain the protective measures in place for all workers. (social distancing maintained for these trainings).
 - Attendance in these trainings will be communicated verbally and the trainer will log in each attendee

COVID-19 Safety Requirements shall be posted visibly on each jobsite (using ABC poster)

Screen employees with a symptom survey (using ABC Symptom Screen guide) and temperature scan upon arrival and require that employees self-monitor and report any change in their health status during the shift.

Temperature scan guidelines (developed and reviewed with MultiCare Occupational Health)

- Communicate and post the temperature screening process.
- If a worker refuses the screening process, they are to be sent home per the gubernatorial order. No workers shall be permitted to enter the site until they have passed the temperature screen.
- Either have a designated temperature screener (multiple screeners may be necessary for larger sites) or allow workers to take their own temperature and show that to the screener.
- Designated screeners shall have training in the use and care of the thermometer being used and a current first aid certificate with bloodborne pathogen training.
- Screener should wear appropriate PPE while performing temperature screens. Employees being screened shall also wear a cloth face covering and minimize contact with the screener. The screener should adhere to infection control practices
- Hygiene facilities shall be located near screening location in the event of contact, or an elevated temperature scan.
- Implement cleaning and sanitation protocols in between each worker scan.
- Contact thermometer- shall be disinfected in accordance with manufacturers specifications between uses and a protective sheath used.
- Non-contact thermometer- shall be cleaned in accordance with manufacturer specifications if contact is made.
- Privacy will be maintained during the screening process, using a privacy screen or barrier.
- If an employee has a fever (The CDC defines a fever as any temperature above 100.4° F), they should immediately be moved to an isolated, private space to discuss next steps. PLEASE NOTE: food drink and exercise within 30 minutes of the temperature scan may impact the temperature scan results
- Additional temperature screens shall be taken to verify the elevated temperature.
- If the average temperature is still above the fever threshold, regardless of the symptoms, the worker shall be sent home and asked to consult a healthcare professional.
- Only record/document temperatures if someone is elevated above the fever threshold and maintain confidentiality as dictated by the ADA.

If an employee is well but has a family member at home with COVID-19, they should notify their supervisor and follow the isolation/quarantine requirements from the state Department of Health.

If an employee is confirmed to have COVID-19, inform fellow employees of possible exposure to COVID-19 in the workplace, but maintain confidentiality as required by the [Americans With Disabilities Act](#) (ADA). Ask the affected employee to identify those other employees whom he/she came into contact with before the employee departs. Employees who worked in close proximity (within 6-feet) to a coworker with confirmed COVID-19 should also be sent home and referred to [CDC guidance for how to conduct a risk assessment](#).

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Attendance at safety meetings should be communicated verbally and the foreman/superintendent will sign in each attendee. Contractors should not pass around a sign-in sheet or mobile device (iPad, tablet, or mobile phone) to confirm attendance.

-iPad and mobile device use should be limited to a single user.

PERSONAL PROTECTIVE EQUIPMENT (PPE)

Provide personal protective equipment (PPE) such as gloves, safety glasses/goggles, face shields, and face masks as appropriate, or required, for activities being performed.

Gloves: Gloves should be worn at all times while on site. The type of glove worn should be appropriate to the task. If gloves are not typically required for the task, then any type of glove is acceptable, including latex gloves.

Eye Protection: Eye protection should be worn all times while on site.

Masks, in accordance with Washington Department of Health guidelines or as required by Washington Department of Labor & Industries (L&I) safety rules, must be worn at all times by every employee on the worksite.

If appropriate PPE cannot be provided, the worksite may be shut down.

SANITATION AND CLEANLINESS

Promote frequent and thorough hand washing with soap and running water for at least 20 seconds. Employers should also provide hand sanitizer when hand washing facilities are not available. Refer to CDC guideline [When and How to Wash Your Hands](#).

- All workers should wash hands often, especially before eating, smoking, or drinking, and after blowing your nose, coughing, or sneezing. Workers should refrain from touching their face.
- All sites should have hand washing stations readily available to all workers onsite. If you have a large site, get a hand washing station from your portable job site toilet provider.
- When running water is not available, portable washing stations, with soap, are require. Providing hand sanitizer is acceptable in the interim between availability of hand washing facilities.
- All workers should wash hands before and after entering any unit, as well as regularly and periodically throughout the day.
- Some job sites may have access to hot water for hand washing. If this is an option, please get permission from the facility owner to use their sink and disinfect frequently.
- If on a remote project, fill an Igloo-type water cooler with water (hot water, if available) and label "hand washing only." This is a good option for vehicles as well. The CDC has [posters](#) and [fact sheets](#) available for posting.
- Subcontractor foremen and project managers shall communicate with their general contractor as to what steps the general contractor is taking to provide adequate sanitary/handwashing facilities on the project.

Disinfect frequently touched surfaces within the workplace multiple times each day. Refer to CDC guideline [Clean & Disinfect](#).

- **Disinfectant wipes** should be available and used to wipe down any surfaces commonly touched periodically each day. ABC recommends that contractors create and keep a cleaning log.
- **Portable job site toilets** should be cleaned by the leasing company at least twice per week (disinfected on the inside). Double check that hand sanitizer dispensers are filled-if not, fill them. Frequently touched items (i.e., door pulls and toilet seats) should be disinfected frequently, ideally after each use.

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- Job site offices/trailers and break/lunchrooms must be cleaned at least twice per day.
- Employees performing cleaning will be issued proper PPE, such as nitrile gloves and eye or face protection as needed.
- Maintain Safety Data Sheets (SDS) of all disinfectants on site.

Employers should provide tissues and encourage employees to cover their noses and mouths with a tissue (or elbow or shoulder if a tissue is not available) when coughing or sneezing. Wash your hands after each time you cough, sneeze, or blow your nose, and any time before touching your face or food. Refer to CDC guideline [Coughing & Sneezing](#).

- Any trash from the trailers or the job site should be changed frequently by someone wearing gloves. After changing the trash, the employee should throw the gloves away and wash their hands.

JOB SITE VISITORS

Restrict the number of visitors to the job site, including the trailer or office. All visitors should be screened in advance. If the visitor can answer "yes" to any of the following questions (without identifying which question applies), the visitor will not be permitted to access the facility.

- Temperature scan (temp must be below 100.4° F)
- Do you have any COVID-19-positive members in your household?
- Do you have a cough?
- Do you have shortness of breath?
- Do you have fatigue or muscle aches?
- Do you have a new loss of taste or smell?
- To the best of your knowledge have you been in close contact with any individual the last 10 days who was experiencing any of these symptoms?
- Do you agree to report the onset of any of these symptoms during your shift/visit?

WORKERS ENTERING OCCUPIED BUILDINGS AND HOMES

Many contractors and service technicians perform construction and maintenance activities within occupied homes, office buildings, and other establishments. Although these are not large job sites, these work locations present their own unique hazards with regards to COVID-19 exposures. Plumbers, electricians, and heating, ventilation, and air conditioning (HVAC) technicians are examples of these types of workers. All such workers should evaluate the specific hazards when determining best practices related to COVID-19.

- Require the customer to clean and sanitize the work area prior to the workers' arrival on site.
- Technicians should sanitize the work areas themselves upon arrival, throughout the workday, and immediately before departure. Refer to CDC guideline [Clean & Disinfect](#).
- Require customers to keep household pets away from work area.
- Ask that occupants keep a personal distance of 10 feet at minimum.
- Do not accept payments on site (no cash or checks exchanged). Require electronic payments over the phone or online.
- Workers should wash hands immediately before starting and after completing the work. Refer to CDC guideline: [When and How to Wash Your Hands](#).

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